



FREESTYLE TRAMPOLINE

World Championships



OFFICIAL QUALIFIER RULES & REGULATIONS



MEN



WOMEN

JUNIORS

Champions



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Table of Contents

Competition Rules & Regulations	3
1. FTA World Championship Structure	3
2. General Athlete Rules & Regulations	4
3. World Championship Age Groups	5
4. Athlete Apparel	5
5. Equipment & Staging Specifications	6
6. The Judges Panel	8
7. Judges Rules	8
8. Qualifier Event Structure	9
9. World Championship Qualifier Scoring System	10
10. Scoring Regulations for Junior Division - Boys	12
11. Scoring Strategy	13
12. Medical Services	13
13. Injury Protocol	13
14. Awards	15
15. Athlete Qualifying Criteria for the World Championships	15
16. FTA Approved Athlete T-Shirts	16
17. Athlete Registration & Requirements for World Championships	16
APPENDIX 'A'	17

FREESTYLE TRAMPOLINE WORLD CHAMPIONSHIPS

OFFICIAL QUALIFIER EVENT RULES

Competition Rules & Regulations

The Freestyle Trampoline Association (FTA) is creating an annual Freestyle Trampoline World Championships to grow and expand the sport of Freestyle Trampoline, with official Qualifier events necessary to be invited to compete at the World Championships. Contained in this document is proprietary information regarding how the FTA structures its competitions, along with the rules and regulations surrounding the competitions, including the World Championships Official Qualifiers.

1. FTA World Championship Structure

The World Championships will be a "Freestyle Combination" style competition, with a minimum of two (2) and a maximum of five (5) skills per combination, with no bounces in between skills, utilizing any of the three landing positions (feet, back and stomach).

The Rules outlined in this document are meant to accomplish two (2) main goals:

1. Create an accurate scoring system that can be done by any cognitively able human in real-time that highlights the specific qualities the Freestyle community has directed the FTA to include in world class competitions for Freestyle Trampoline.
2. Create a safer system of judging that encourages athletes to think creatively, not just going for increased difficulty.

Note: All Rules & Regulations are subject to change without notice. The most recent up-to-date copy is available from the FTA Head Office at any time upon request. Each Official Qualifier will also have a copy available on the World Champs Google Drive. Please contact us for more info. These documents are proprietary to the FTA and should not be modified, duplicated or distributed without prior written consent from the FTA.

DISCLAIMER:

Athletes MAY be required to demonstrate the skills/combinations they want to do in the competition in front of the judges privately before the actual competition. Athletes are actively discouraged from doing any 'new' Combinations they have not previously trained at any of the FTA events and strongly recommend that competition combinations should be practiced repeatedly at their home or local training centre before the live competition. This is to help athletes keep the event safe as an injury can limit the broadcast that the FTA is creating and damage the reputation of the whole community even with minor injuries on live television.

2. General Athlete Rules & Regulations

Currently the FTA and their judges will be using a subjective system of scoring with expectations to introduce technology in the future that can help make scoring more objective. Currently the technology does NOT exist to truly make all possible movements quantifiable.

The FTA has created a mathematical scoring system for difficulty only. The Freestyle Combination competition is the ONLY event in the Freestyle Trampoline World Championships. Below are a list of the specific rules and requirements for the Freestyle Combination for the athletes, as well as for the judges and organizers of the official Qualifier events.

1. Athletes will have to complete a Freestyle combination with NO bounces in between skills, with a minimum of two (2) skills and a maximum of five (5) skills.
2. Each athlete has two (2) chances (attempts) to perform their combination. Judges will score both attempts but only the best or highest scoring attempt will count towards the athletes final score.
3. Athletes will not have a time-limit for the pre-bounces and as long as they do not actually attempt any skill, they can stop and regain their bounce with no penalty.
4. If the athlete hits or makes any contact with the frame pads at any time during the combination, only the skills successfully completed before touching any of the frame pads will count to that round's score. The athlete can try again, after a 30 second maximum rest period, assuming they have not used up their two (2) attempts.
5. There MUST be two (2) mat throwers (mat safety crew) with a mat size of at least (4"H x 72"W x 39.6" L), which is a standard trampoline throw mat size. Athletes can use larger mats as long as they are approved by the FTA. **See "Equipment & Staging Specifications" for more information regarding set up and safety equipment.**
6. Athletes will coordinate when they wish the mat throwers to throw the mats, however, it will be up to the mat thrower's discretion when to throw the mat, if they deem the athlete is in danger before the end of the combination. The FTA will have a safety briefing with the official mat throwers prior to the start of the competition, to ensure they are adequately trained. To entice the athletes to use the mats in competition, NO point deductions will be given for landing on a mat in the middle of a combination during one of the two (2) attempts, or as the final skill landed purposefully on the mat.
7. Double bouncing will NOT be allowed.
8. Athletes MUST be respectful and courteous to all other competitors, event organizers, judges and audience members at all times. They can be removed from the venue at the organizer's discretion and barred from re-entering.
9. Athletes are NOT allowed to bring any food or beverages on the competition stage to keep the stage clean, visually consistent and professional for the duration of the entire competition.

10. Athletes will have a designated area where they can bring food and drinks and must keep all items in the designated Athlete Area.
11. Athletes are to be present and signed in to the competition a minimum of 1 hour before the registered start of the competition to ensure all scheduling remains on time.
12. All Athletes must sign an **Injury Indemnity Release Waiver** at the host venue, and those under 18 must have a parent or guardian sign on their behalf.
13. All Athletes must sign a **Media Release Waiver** at the park and those under 18 must have a parent or guardian sign on their behalf, so that the FTA and the host Qualifier venue may use their likeness, images and videos on social media and on future broadcasts on TV.

3. World Championship Age Groups

The athletes will be divided into two (2) age groups for males, Junior & Senior, and one (1) age group for women, Seniors only, beginning in 2024. The groups will be divided as follows:

1. **Men's Senior** category will be ages sixteen (16) and up. You must be in your sixteenth year; for example, you will turn 16 during the year of the competition. There will be no cap or age limit regarding the maximum age you can be to compete.
2. **Women's Senior** category will be ages sixteen (16) and up. You must be in your sixteenth year; for example, you will turn 16 during the year of the competition. There will be no cap or age limit regarding the maximum age you can be to compete.
3. **Men's Junior** category will be ages thirteen (13) to fifteen (15). You must be in your thirteenth year to compete; for example, you will turn 13 during the year of the competition.
4. The winners of both the Senior categories, will be crowned the '**National Freestyle Trampoline Champion**' (Men & Women) and the '**Junior National Freestyle Trampoline Champion**,' beginning in 2024, in each country hosting a Qualifier.

4. Athlete Apparel

The athletes apparel is very important for safety purposes, as well as aesthetic purposes, for filming, for live broadcast and for the audience. Athletes will NOT have a mandatory uniform, however, they will need to follow these rules when choosing their competitive attire.

1. Athletes will NOT be allowed to wear inappropriate clothing that reveals any part of their body that is deemed as "inappropriate for all ages."

2. Athletes may be required to wear the official Qualifier t-shirt supplied by the venue and approved by the FTA.
3. Athletes will not be allowed to wear overly baggy clothes that are not sized appropriately to their body dimensions. If any judges or organizers see overly loose clothing they will have the discretion to ask the athlete to change their attire, even if it is sponsored attire.
4. The FTA recommends safety grip socks should be used by all competitors for safety reasons. No other forms of footwear may be worn, but athletes may compete barefoot.
5. Certain accessories are NOT allowed during the competition. Accessories include but are not limited to: large jewelry around the neck, large rings, dog tags, eyewear, earplugs, nose plugs, or the like. If eyewear is necessary, an elastic band to secure the glasses must be used.
6. Mat throwers MUST also remove all accessories as described in this section and must wear approved FTA World Championship official Qualifier clothing during the competition.
7. Athletes with long hair must tie it up in a short pony tail, bun or secure it in such a way that it could not become tangled or entrapped in the trampoline springs.
8. Athletes are NOT allowed to wear any helmets, elbow pads, knee pads or any other form of padding; bandages however are acceptable.
9. Athletes are able to wear a mouth guard if they wish but must be a pre-approved industry standard mouthguard from an approved brand.
10. Apparel may NOT have any plastic, metal, wooden or other hard materials woven into the fabric.
11. Athletes are NOT allowed to wear any kinds of belts and must use soft draw strings within the pants or shorts. If athletes use long pants, they must have closed elastic bottoms.

5. Equipment & Staging Specifications

Below are the rules and regulations for manufacturers that provide acrobatic and safety equipment for Freestyle Trampoline events operated by the FTA:

1. The Equipment used in the FTA World Champs Qualifier competitions must be provided by EUROTRAMP™ Projects GmbH, our '*Official Trampoline Supplier*,' or the Qualifier host must apply in writing to the FTA for a temporary release from obligation and be approved. In subsequent years, all Qualifiers, must use the EUROTRAMP™ 5 x 5 m Freestyle Trampoline, with the exception of the United States, where this trampoline is currently not available. The FTA will nominate and use an approved trampoline in the US until such time as it is made available.

2. The equipment must have product liability insurance and must state in writing the use is for "Freestyle Trampoline Competitions" with approval from the insurance company that underwrites the equipment.
3. The trampoline must adhere to the manufacturers recommended installation protocols, including the minimum distance (height) from the ground as outlined in their installation manual. The FTA recommends a distance of at least 6 feet (1.8 m) from the trampoline bed to the ground, to prevent the athlete from 'bottoming out' or hitting the floor. Mats under the trampoline are also recommended to prevent injuries in this case.
4. The minimum ceiling height above the trampoline bed should be no less than 30 ft (9.1 m).
5. The Safety Mats around the trampoline should be a minimum of 8 inches (20.3 cm) thick, or as recommended by the trampoline manufacturer (ie. EUROTRAMP) in their installation manual.
6. The Safety Mats around the trampoline MUST be flush with the frame pads that cover the springs.
7. All padding around staging area and the trampoline must also have a density of 40kg/m³ and should extend at least 1 metre (3.3 ft) outward from the trampoline.
8. All Trampoline springs must be standardized and approved by the manufacturer, not modified in any way from the recommended installation process.
9. The Trampoline must use industry standard pad lifters to hold up the portions of the mats that hang over the springs.
10. Pads over the trampoline must extend a minimum of 1 foot (0.3 m) over the springs and trampoline from the base of the trampoline frame.
11. In the use of 5 x 5 Eurotramp™ Freestyle Trampoline, Safety Mats MUST extend a MINIMUM of 6 feet (1.8 m) or as outlined by the manufacturer in the installation manual, in all directions around the trampoline to give athletes more than enough 'falling space' without hitting any objects, walls or other pieces of equipment.
12. Throw mats must be standard industry sizes (4" x 72" x 39.6") and a density of a minimum of 25kg/m³.
13. The middle of the trampoline bed MUST be adequately lit for visual reference for the athletes while in the air.
14. Flash photography will NOT be allowed during the competition. Lighting of the stage area will be done in such a way that there is no glare on the athletes or in their eyes for safety reasons.
15. Speaker systems must not be placed within six (6) feet or 2 metres from the competition trampoline and the volume must be at a reasonable level, not distracting the athletes. All music should be non-copyrighted so filming for broadcast or live streaming will not be affected by copyright issues, and must NOT use profanity, rude or inappropriate language, or be offensive.

6. The Judges Panel

There will be three (3) judges at each of the Qualifier competitions who have experience in freestyle trampoline or other action sports, or a background in acrobatics, or a coaching background; as well as good standing in the community.

One judge will be assigned the role of Head Judge and will report to the event organizer and the FTA. The Head Judge will also review all scores before they become final and will hear any inquiries or disputes and attempt to resolve them in a quick and fair way, prior to the prize giving ceremony. If there is a change in score the Head Judge must notify the event organizer and all athletes.

The Judges panel must be well respected for their abilities and for their integrity. This helps ensure that the athletes can trust the judges subjectivity.

The athlete scores must be entered into the FTA official judging system, currently on the FTA Google Drive, after each athlete's attempt. Both attempts will be scored and only the better scoring combination will be entered. This ensures the FTA can monitor, track and store all Qualifier scores.

Judges are allowed to compare their notes and must give a score that they personally feel reflects the athlete's performance.

Judges will NOT discuss scores with athletes during the competition, and will not modify their scores, once the scores have been deemed final by the Head Judge.

7. Judges Rules

The following rules and regulations are meant primarily for the judges at the event but may also apply generally to all event coordinators and participants:

1. Judges must stay in their judging designated area during the competition and may not leave unless there is a break in the competition or an emergency.
2. Judges must wear FTA sanctioned attire, such as the approved FTA World Championships official Qualifier t-shirt.
3. Judges are required to review the **Judges Code of Ethics** before being allowed to judge.
4. Judges may NOT offer advice to athletes during competition times and must remain impartial.
5. Judges MUST adhere to all of the same ethical and safety rules and regulations that the athletes agree to as well as they are leaders of the community and must represent the community appropriately and professionally.
6. Judges are required to judge fairly and consistently throughout the entire competition.
7. Judges are required to note all of their scores for each athlete, including special notes to help decide a tie in the overall scoring.

8. Judges are to be present and signed in to the competition a minimum of 1 hour prior to the scheduled start of the competition to ensure all scheduling remains on time.
9. If a judge sees an improperly placed safety mat, random object or any other discrepancy on the competition stage during training or competition, they **MUST** notify the MC, event organizers and the necessary athletes who may be affected by the discrepancy. The event organizer must act swiftly and professionally to remove the object or dangerous situation and rectify the mishap and move the competition onwards as quickly as possible.
10. If a judge sees an athlete acting dangerously, irresponsibly or unprofessionally at any time, they must report it to the event organizers immediately. Judges may approach the athlete if they deem the athlete is about to perform a dangerous act on the trampoline or around the stage area, affecting themselves or others. In that case the Judge has the full authority to act swiftly and professionally to terminate the behaviour. An incident report **MUST** be written and signed by the Judge(s) and the FTA after the event for proper reporting for quality control in the future.
11. If a Judge witnesses blatant reckless behaviour being performed by any of the athletes, and the other judges agree, they can together notify the event organizer and take actions to remove the athlete from the competition before they hurt themselves or anyone else.
12. If a Judge witnesses anyone damaging the stage, trampoline, or property of the venue, they are to report the infraction to the organizers immediately so the appropriate actions can be taken. The Judge is required to try to the best of their effort stop the behaviour **IMMEDIATELY** and then report to the event organizer, and later to the FTA, for quality control purposes.

8. Qualifier Event Structure

All Official Qualifier events should operate under a similar event structure to ensure consistency across all countries. The event itself may be on different days or follow a different time schedule, however the basic format as follows should be strictly enforced:

1. Athletes must sign an event release waiver before entering the competition area, as well as a media release waiver, to allow the host venue to film content for social media and broadcast.
2. There will be at least two (2) hours of training time made available prior to the start of the competition for all athletes to warm-up and become accustomed to the trampoline.
3. There will be one qualifying round for all age categories, beginning with the Men's Junior group, followed by the Senior Women, and ending with the Men's Senior group.
4. Each athlete has two (2) attempts for their combination.
5. The top ten (10) from each group will move onto the Semi-Final round if there are more than twenty (20) athletes entered in each group.
6. The top five (5) scoring athletes from the semi-finals in each group will move onto the Finals.

7. If there are less than 20 athletes entered in a group, there will be no semi-final round. The top five (5) will move straight into the Final round.
8. Qualifiers for 2025 are not required to have a Women's category, but may do so if they wish and have at least four (4) women entered.
9. The Head Judge may adjust or set the number of athletes moving onto the Final Round prior to the competition start, but they must announce this to all Athletes at the 'Athlete's Meeting.'
10. The Semi-Finals and Final rounds will both start in reverse order. The first placed athlete after the preliminary round(s) will go last and the last place athlete after preliminary round(s) will start the round.

9. World Championship Qualifier Scoring System

At all official World Championship Qualifiers, a panel of three (3) judges, representing both freestyle and traditional trampoline backgrounds as well as action sports athletes, will evaluate all performances and all rounds. The scoring criteria are as follows:

1. Each combination is assessed based on three (3) aspects, each scored out of a maximum of ten (10.0) points to one decimal place (e.g., 8.6). This results in a total maximum technical score of 30.0 points from all judges. Bonus points, within the maximum overall score, may be added. The Head Judge will award a BONUS point of 1.0 for successfully landing the final skill to feet on the trampoline. Juniors will not receive any bonus points and MUST attempt to land their final skill to feet.
2. Judges will score the following three (3) elements:
 - a. **Difficulty:** Total degrees of rotation, changing the direction of rotation within the combination, different landing positions (ie. feet, stomach, back) will score higher if all three are executed within the combination or within each skill.
 - b. **Execution:** How controlled was the combination during pre-bounce, in flight and on landings. Was there excessive travelling in the trampoline bed, did they show control in the air, was their body lined up in the air all going in a smooth direction, compared to uncontrolled movements or 'flailing' in the air.
 - c. **Creativity:** How unique was that athlete's combination compared to the others competitors at the competition. Does the combination include different positions and grabs or did the athlete show a unique style and show individuality. Was the combination itself new and never seen in competition or on social media before. Are the transitions between the skills different, unique or new. Did the athlete create a 'new' skill never seen before.

3. Each judge will score one of the three (3) above elements only. One (1) judge will score Difficulty, one (1) will score Execution and one (1) will score Creativity.
4. An average will not be taken, nor will low scores be dropped.
5. All five (5) scores will count. Every athlete starts at 0.0 and builds their score up, in a reward system, instead of starting at 10.0 and receiving deductions. This will remain as a basic structural component for all Freestyle Trampoline competitions which has a unique philosophy. We do not tear down athletes and point out their mistakes, we look for all the great skills they did accomplish instead.
6. Athletes must perform a combination of minimum of two (2), maximum of five (5) skills in a combination, without an extra bounce between each skill.
7. Each combination should show a variety of both flipping and twisting, in both forward and backward rotations, with at least 2 different landing positions.
8. A BONUS of 1.0 will be awarded from the Head Judge for combinations where the final skill is landed to feet on the trampoline. If the Athlete subsequently 'flys off' the trampoline and does NOT land on their feet without touching hands, knees or any other part of their body upon landing (Clean Landing) after their landing to feet, they will still receive this bonus, however, the Execution Judges will score lower for lack of control on landings overall.
9. In each round, athletes will have two attempts to perform their combination with a minimum one (1) minute rest between each attempt. If the athlete needs longer, they will be asked to wait until the next athlete take's their turn and then take their second attempt after that athlete, or wait until the end of the round after all the athletes have gone.
10. When an athlete makes a second attempt at a combination, the judges must score both attempts but only their best or highest scoring combination will count towards their score..
11. Athletes may not repeat the same combination in subsequent rounds, but can repeat the same combination in their second attempt of that round. Even if only one skill is changed within the combination, or the same skills are used but in a different order, the combination will be considered different and therefore will be allowed.
12. In subsequent rounds, scores will be reset and not carried over from previous rounds. This allows all athletes to have a good chance of moving up in the rankings in subsequent rounds.
13. Athletes may use a single flip as a 'set-up' into their first skill that will not count towards one of their five skills, as long as it does not exceed 1.25 rotations and must NOT include any twist.
14. Judges will round UP 0.25 flips or twists to 0.5 score and judges will round UP 0.75 flips or twists to 1.0 score.

15. Triple 0.3 /Quad 0.5 /Quint 0.7 flip bonuses have been changed from 1.0 for first and 0.3 for subsequent, to 0.3 for first and 0.2 for subsequent in the Difficulty scoring table for 2025.

16. Athletes who perform a 'control jump or flip' at the end of their combination, of no more than 1.0 rotation, must still stay on their feet on the trampoline bed in order to still receive the landing bonus. If the athlete does a control jump or flip out of their landing and land off the bed, even with just one foot, they will still receive a 0.5 bonus. NO BONUS is awarded if the final landing is not on the trampoline or if the athlete lands in any other position than feet, or touches the bed or a mat with their hands.
17. Deductions will not be given for landing on the safety mat, but deductions of 0.5 will be given for landing off the trampoline bed from the Execution Judge. Athletes will not be eliminated for falling or landing off the trampoline bed.
18. All Bonuses outlined in this document are ONLY able to be used once per combination, per round.
19. Juniors will be required to land their final skill to their feet and will receive a minimum 0.5 deduction from the Execution Judge if not done so.

10. Scoring Regulations for Junior Division - Boys

The **Junior Division**, ages 13 - 15, have a slightly different judging system. The FTA is looking for technique and to ensure the Juniors are not going for 'big' skills they are not yet prepared to land to feet. We are looking for true athletic control. We want them to be balanced and show good landings for the future of their athletic development. Therefore, the judging & scoring rules for Juniors will be the same as the Senior's above, but with the following differences:

1. The final skill of the combo MUST be landed to feet on the trampoline.
 - a. If the Athlete subsequently 'flies off' the trampoline and does NOT land on their feet they will still receive a score, however, there will be a lower score from the Execution judges for lack of control.
 - b. If the Athlete subsequently 'flies off' the trampoline but still lands on their feet they will not receive a deduction.
 - c. Each combination MUST show a variety of both forward and backward rotations.
2. Each combination MUST show at least one skill with a double twist within the skill with a good variety of both flipping and twisting skills within the combo.
3. Each combination MUST show at least one feet-to-feet skill (take off from feet and land on feet) at some point in the combo.

4. Athletes must score a minimum of **19.5** points out of the possible 30.0 (maximum score) at the Qualifier to be eligible to compete in the World Championships.
5. If there are less than 4 Juniors entered in a Qualifier, they will still need to compete to achieve the minimum score required.

11. Scoring Strategy

The FTA is looking to take a lot of the subjectivity out of the scoring system, breaking it down into a more concrete 'code of points' system, yet still keeping it Freestyle, with creativity being the most subjectively scored element. In this way, each of the elements are graded equally so a twisting athlete will get essentially the same reward for properly performing twisting based skills as an athlete who is better at flipping.

The FTA does not want to push the athletes into one style of skills or another, but allow the athlete's to construct any combos that work for them, rewarding them with a more equal grading system. It makes their scores equal and comparable without making them do the same exact skills the exact same way.

12. Medical Services

An official paramedic or first aid responder must be provided together with a suitably equipped first-aid equipment. An ambulance must be available within a ten minute response time of the competition or be on standby. Please review the **Medical Procedures Manual & Safety Manual**, along with the FTA's **First Aid Protocol Manual**.

13. Injury Protocol

In the event of an injury the following steps **MUST** be adhered to the best of the ability of the Judges, Athletes and Event Organizers. On the set up day there will be a **MANDATORY** Safety Protocol briefing, conducted by the event organizer or park manager.

The purpose of this meeting is to review all of the following steps and the potential modifications of each step under the guidance of an Official First Aid Responder that will be at the event and present at **ALL** times when athletes are on the competitive equipment.

The FTA also will provide each Qualifier event with an **Injury Protocol Manual** to go along with this section of the rule book, as an addendum to the Official Rules & Procedures outlined here.

For Minor Injuries: *Twisted ankle or other joint, strains and sprains, bruises, small cuts, rashes*

1. At the time of the incident the event organizer or head judge will stop all athletes from bouncing on the trampoline IMMEDIATELY.
2. Turn down the music to a lower level so you can hear the athlete and focus on them.
3. Ask the athlete if you have their permission to assist them.
4. Notify the official First Aid Responder at the event and the event organizer, directing them to the injured athletes, and notify them the exact time the accident happened and what is believed to be the injury.
5. Ask the athlete if they have any previous medical conditions and take note for the first aid responder.
6. Fill out an FTA Accident Report Form with the Event Coordinator and email to the FTA following the event.

For Major Injuries: *Broken Bones, Dislocations, Concussions, Potential Spinal Injuries*

1. At the time of the incident the event organizer or head judge will stop all athletes from bouncing on the trampoline IMMEDIATELY.
2. DO NOT attempt to move the athlete. IMMEDIATELY call the Official Medic or First Aid Responder on-site, or the local ambulance service, and direct them to the closest access point to the trampoline.
3. Turn down the music to a lower level so you can hear the athlete and focus on them.
4. Ask for verbal verification from the athlete to ascertain if they are still conscious and coherent and understand that an injury happened. Wait for athlete to give a noticeable and effortful response before proceeding.
5. Ask them if you have their permission to help them in that instance.
6. Let the First Aid Responder take the lead similar to the minor injuries.
7. Do NOT move the athlete if the injury is to the spine, neck or any lower extremities as to not make the injury worse on an unstable surface such as a trampoline.
8. Competition will not resume until the injured athlete has been safely removed from the competition area.
7. Fill out an FTA Accident Report Form with the Event Coordinator and email to the FTA following the event.

Please also refer to the FTA's **First Aid & Safety Protocols Manuals** for a more comprehensive outline.

14. Awards

The following awards are given to the first three (3) ranked athletes in all Finals:

- ◆ **1st** - 1 gold championship trophy and/or medal and 1 certificate
- ◆ **2nd** - 1 silver medal and/or trophy and 1 certificate
- ◆ **3rd** - 1 bronze medal and/or trophy 1 certificate

On the podium, awards will only be presented to the top three (3) scoring athletes in each division, except for any team awards, where all team members must be present on the podium. *In 2025, there will not be team awards given but the FTA will be considering this addition in future years.* Certificates for positions 4 through 10 will be presented to the respective athletes. All awards, first place through tenth place will be awarded in reverse order (10th place handed out first, then 9th, 8th....etc.)

15. Athlete Qualifying Criteria for the World Championships

The following criteria for the 2025 World Championships will be in place for all of the Official Qualifiers. As each country does not currently host a live Qualifier, some countries may qualify as follows, provided each athlete reaches a **minimum score of 19.5** at their Qualifier. Each athlete must provide proof of citizenship if required.

Athletes holding dual citizenships may choose the country they wish to represent but must declare so at registration.

The finalists (top 5) from the 2024 World Championships automatically qualify for the World Championships in 2025. In 2026, everyone must qualify for the World Championships, but they are encouraged to enter their National Qualifier, in order to compete for the title of National Champion. This criteria will be revisited and analyzed each year and modified as necessary.

2025 Qualifications as follows:

1. **Australia & New Zealand** - Winner of Senior Men & Junior category qualify for the World Championships.
2. **Austria** - Top 3 Men & top 3 Juniors qualify for the World Championships.
 - a. **Including Southern Germany & Slovenia** - 1st place Senior Men & Junior qualify.
3. **Switzerland** - Top 3 Men & top 3 Juniors qualify for the World Championships
 - a. **Including Lichtenstein** - 1st place Senior Men & Junior qualify.

4. **France** - Top 3 Men & top 3 Juniors qualify for the World Championships - plus 3 Wildcard spots from Springz Games in 2025, which includes the 1st place winner in each category.
5. **Netherlands** - Top 3 Men & top 3 Juniors qualify for the World Championships.
 - a. **Including Northern Germany, Belgium & Denmark** - 1st place Senior Men & Junior qualify.
6. **Sweden & Norway** - Top 3 Men & top 3 Juniors qualify for the World Championships.
 - a. **Including Finland & Denmark** - 1st place Senior Men & Junior qualify.
7. **USA** - Top 3 Men, Women & top 3 Juniors qualify for the World Championships.
 - a. **Including Canada** - Top 3 Men, Women & first place Junior qualify for the World Championships.
8. **Online Qualifier (USA)** - Top 3 Men, Women & top 3 Juniors qualify for the World Championships.

16. FTA Approved Athlete T-Shirts

The following designs in **Appendix 'A'** have been approved for the Qualifiers in 2025 and all athletes are required to wear the Official World Championships Qualifier t-shirt supplied by the event host when they are competing and during the prize giving ceremony, as well as any FTA media interviews or official event photos.

Athletes may wear other appropriate t-shirts during any training sessions. Additional event sponsors may include their logo on the shirt back (below FTA logo) or the right sleeve. Event hosts may also contact the FTA for approval to change the layout or to design the back of the shirts.

17. Athlete Registration & Requirements for World Championships

Athletes, please visit the official FTA World Championships website, www.FTAWorldChamps.com/registration page to enter your information, once you have qualified to compete at the World Championships. You must submit media questions and photo's of high quality for the media team and sign a media release waiver. All athlete information will be contained on this page, so we encourage all athletes to check here regularly for updates. Your information will be kept private, with the exception of your name, country of origin, media quotes and photo's submitted, which will be sent to the FTA Media Team.

If you have any questions please reach out to the FTA: info@freestyletrampolineassociation.com

APPENDIX 'A'

OFFICIAL WORLD CHAMPIONSHIPS QUALIFIER T-SHIRT DESIGNS & APPROVED COLOURS FOR 2025

***NOTE:** PARKS MAY ALSO REPLACE THE BACK ARTWORK WITH THEIR LOGO, OR ADD THEIR LOGO

BLACK



HEATHER GREY or STEEL BLUE



DARK GREY



FRONT



LEFT SLEEVE



BACK

